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## **Food Pantry Wish List**

### **PLEASE AVOID GLASS JARS DUE TO EASY BREAKAGE**

CANNED PROTEIN: SPAM, stew, chili, Vienna Hot Dogs, Deviled Ham, chicken, salmon, sardines, crab. Anything other than tuna (we have plenty)

CANNED FRUIT: All different kinds please, regular, low sugar, unsweetened, sugar free. Items such as fruit cocktail, pineapple, pears, peaches, apricots, applesauce, grapefruit, etc. We currently have plenty of Mandarin oranges.

CANNED VEGGIES: Beets, yams, asparagus, mushrooms, tomato paste, stewed tomatoes

JELLY/JAM: Strawberry and grape are the standards.

SIDE DISHES: Rice a Roni, rice pilaf, any rice side dishes, instant potatoes, risotto, pasta w/sauces – Knorr has a variety of packages for some ideas

CANNED PASTA SAUCE

[Video: "Now more than ever, the MLK"](#)